



Aikido of Maine



P.A.S.P.

Personal Achievement Stars Program



In an effort to reward dojo members for efforts in training and their personal development, we are instituting the following star reward system. We will award children stars to be worn on the left chest of their uniforms. These are embroidered patches and will need to be sewn on the uniform. To start, we will use 9 different colored stars for 9 different areas of development. There is no charge to you for this program and it is our intention to have this be a great motivator and reward for good work. For this to be successful, we will need your help with keeping track of these stars and applying them to the uniform. Lost stars can be purchased. I hope sewing these does not create any difficulty for you and that the reward will outweigh all effort. We are also offering a printable chart for posting the stars as an alternative to sewing them onto the uniform, and as a way to display good work at home. This chart, as well an explanation of the different star colors and terms, will be available on our member section of the website.



We will give the stars out when earned and there will not be a linear progression, so some kids will start with different colors. We will also display an informational chart and discuss the criteria for each. This is not a competition but a reward for individual progress.



We will be rewarding:



- BASIC ROLLING
- ADVANCED PARTNERING
- ETIQUETTE
- GOOD CITIZENSHIP
- CONSISTENT EFFORT
- SPIRIT OF RESILIENCE
- ATTENTION
- WEAPONS
- INITIATIVE IN CLEANING



The chart will list what each is called in Japanese and the requirements for each. I welcome your input with this and will do my best to reward real efforts and accomplishments.

TEACHING THE MARTIAL ART OF PEACE TO ADULTS & CHILDREN